



Community Resource Guide

Tri-County
Head Start/Early Head Start

2023-2024



**This resource guide is provided to parents and staff to
allow quick access to information.**

Table of Contents

| | |
|-------------------------------------|------------|
| Housing/Clothing/Food Services | Page 3-5 |
| Domestic Violence/Victim Services | Page 6-7 |
| Mental Health and Wellness Services | Page 8 |
| Employment/Education Services | Page 9-10 |
| Health Service Providers | Page 11-15 |
| Pregnancy Support Services | Page 16 |
| State Information/Hotline/Numbers | Page 17 |
| Head Start Phone/Address | Page 18 |
| Guidelines for Seeking Assistance | Page 19 |
| Notes/Numbers Page | Page 20 |

Service Guide

Individuals seeking assistance should consider the following:

1. Call before going to the agency. They may not have funds at that time.
2. Find out the agencies requirements are for seeking assistance. You may be required to provide proof of financial need.
3. The agency will probably want to know what caused the current emergency situation that required you to seek help.
4. Agencies will not continue to help the same person repeatedly. They may limit assistance to once a year or limit assistance after the second time.
5. We suggest that you prepare to present the following documentation:
 - Photo Identification
 - Social Security Cards for yourself and children as appropriate.
 - All sources of income including Social Security, food stamps, child support, and pay check stubs.
 - Proof of all expenses

Administration Office

2499 Cypress St.
Westville, FL 32464
Phone: 850-548-9900
Fax: 850-548-5644

CENTERS

Westville

2499 Cypress St
Westville, FL 32464
850-548-5630

Chipley

1264 South Blvd
Chipley, FL 32428
850-638-9800

Walton

268 S. Davis Ln
DeFuniak Springs, FL 32435
850-892-7635

Early Head Start

265 S. 18th St
DeFuniak Springs, FL 32433
850-951-0464

Holmes County Service Center-DCF ACCESS(Holmes & Washington)

Main Phone: (850) **547-8537** Business Phone
117 Waukesha Street, Bonifay FL 32425
Provides information & Referral, Food Stamps, Temporary Financial Assistance, Foster Care, Protective Services, Placement, Medicaid, and Adult Services.

Walton County Service Center-DCF ACCESS (Walton)

Main Phone: (850) 833-7595
407 Race Track Rd NE, Ft. Walton Beach, FL 32547
Provides information & Referral, Food Stamps, Temporary Financial Assistance, Foster Care, Protective Services, Placement, Medicaid, and Adult Services.

Catholic Charities of NW Fl. Serves Holmes and Washington Counties

3128 E. 11th St, Panama City, FL 32401
Phone: **850-763-0475**
Fax: 850-763-2969
www.catholiccharitiesnwfl.org
Provides non-perishable food for individuals and families who are in financial crisis; financial assistance (rent-utilities-daycare-emergency travel) clothing is provided who have had a fire in their home, recently released from incarceration, or some other similar situation. Baby items are provided to new mothers. Thrift Store.

Catholic Charities Ft Walton Beach Serves Walton County

11 First Street, S.E. Ft. Walton Beach, FL 32548
Phone: **850-244-2825**
Fax: 850-664-9146
Office Hours: Monday-Thursday 8:30 – 4:30pm
www.catholiccharitiesnwfl.org
Provides emergency assistance of non-perishable food, financial assistance, and adoption services.

Public Housing Authorities

Chipley Housing Authority
1370 Old Bonifay Road, Chipley FL 32428
Phone: 638-0134
DeFuniak Springs Housing Authority
120 Oerling Drive, DeFuniak Springs, FL 32435
Phone: 892-2823

Housing/Clothing/Food

HUD-section 8

Holmes County
 902 Waukesha St, Bonifay FL 32425
 Phone:547-1111
 Walton County
 312 College Ave D, Defuniak Springs, FL 32435
 Phone: 892-8185
 Washington County
 5302 Brown Street, Graceville FL 32440
 Phone: 263-4442
 Rental Assistance for low income housing.

WIC Program

Holmes/Washington County
 603 Scenic Circle Drive, Bonifay FL 32425 (Holmes)
 1338 S Blvd, Chipley, FL 32428 (Washington)
 Phone: 845-5111
 Walton County
 362 FL-83, Defuniak Springs, FL 32433
 Phone 892-8020
 Provides food assistance to low income families with children age 0-5 and pregnant mothers.

Salvation Army Services Serves Holmes and Washington Counties

1461 South Railroad Ave. #1 Chipley, FL 32428
 (850) 638-7102
 Outreach office helps with utility assistance, domestic violence

Tri-County Community Council *Holmes & Washington Counties*

Holmes Services Office
 330 Hwy. 90 West, Bonifay, FL 32425
 Phone: 547-4263
 Washington Services Office
 623 Hwy 273, Chipley FL 32428
 Phone: 638-4520
 Transportation Office
 312 N Oklahoma Street, Bonifay FL 32425
 Phone: 547-3688
 Provides financial and food assistance, transportation

Tri-County Community Council Serves Walton County

41 West Main Street, DeFuniak Spring, FL 32435
 Phone: 850-892-3615
 Transportation Services
 194 North 6th St, Defuniak Springs, FL 32433
 Phone: 850-892-2422

State Information/Hotline Numbers

| | |
|--|----------------|
| Fire, Ambulance, Police | 911 |
| Information/Assistance | 211 |
| SNAP (Food Stamps) | 1-800-221-5689 |
| Abuse Hotline | 1-800-962-2873 |
| Child Support Enforcement | 1-800-622-5437 |
| COPE Center Crisis Line, Walton City. | 1-850-892-4357 |
| Life Management Crisis Line | 1-850-873-8573 |
| Federal Emergency Management Agency (FEMA) | 1-800-462-9029 |
| Narcotics Anonymous | |
| Help Line | 1-800-444-1407 |
| Hot Line | 1-850-723-4813 |
| National Poison Center & Hotline | 1-800-282-3171 |
| Office of Veteran's Affairs | 1-850-689-3805 |
| Parent Helpline | 1-855-427-2736 |
| Child Sexual Abuse | 1-866-367-5444 |
| Human Trafficking | 1-888-373-7888 |
| Mental Illness | 1-800-950-6264 |
| Substance Abuse | 1-800-784-6776 |
| Suicide Prevention | 1-800-273-8255 |

Pregnancy Support Services

Support Centers offer prenatal and parenting classes for pregnant mothers and families with young children. Each class taken earns baby bucks/points that can be used to "purchase" diapers, clothing, and other necessities from the center.

Holmes County Pregnancy & Family Center

Phone 547-5213

402 E North Ave. Bonifay FL 32425

Hope for Hearts

Phone- 638-0611

1641 Brickyard Rd, Chipley Fl 32428

Pregnancy Support Center

Phone- 892-7400

295 US-90, Defuniak Springs FL 32433

Housing/Clothing/Food

Fresh Start

8 Bobolink Street, Ft Walton Beach, FL 32548

Phone: 243-5648

www.freshstartfl.com

Provides assistance and transitional shelter to homeless families with children.

Okaloosa Walton Continuum of Care

Homelessness and Housing Alliance (Walton)

151 Mary Ester Blvd, Unit 509 Mary Ester FL, 32569

Phone: 409-3070

Opportunity Place (Walton County)

305 Lovejoy Road, Fort Walton Beach, FL 32548

Phone: 659-3190

Emergency shelter, resources for food, clothes, and other necessities

Caring and Sharing- serves Walton County (by appt. only)

3024-3108 Fl-10, Defuniak Springs, FL 32433

Phone: 520-4615

1122N 9th Street, Defuniak Springs, Fl 32433

Phone: 892-7656

Provides financial assistance, food pantry, thrift store

Matrix Community Outreach Center

37 North 9th St. Defuniak Springs, FL 32433

Phone: 892-1090

Rental, utility assistance, clothing, food services, veteran services, and homeless services.

Food Pantry

1461 S Rail Road Ave, Chipley Fl 32428

Phone: n/a

Food Pantry open on Tues & Thurs 2pm-3pm

Love in Action (Washington)

1641 Brickyard Road, Chipley FL 32428

Phone: 638-2706 (Mon-wed, 10am-2pm)

When funds available Social services, utility assistance, transportation assistance, medical supplies

Pennies from Heaven Thrift Store

1315 Watts Ave, Chipley FL 32428

Phone: 638-1629

Clothing assistance

Salvation Army Domestic Violence Program

Business Phone: **850-769-7989**

24 hr. Crisis Line and Shelter Number: **850-763-0706**

Panama City, FL 32401

Support group for adult victims of sexual assault. Surviving rape, healing, dealing with fear and anger. Location is confidential.
7:00pm – 8:30 pm Thursdays

Anchorage Children's Home – Family Counseling

Phone: **850-763-7102**

Emergency Phone: **850-784-1020 or 850-233-8686**

Fax: 850-769-0855

2121 Lisenby Ave

Panama City, FL 32405

Hours: Mon – Fri 8:00am – 5:00 pm

Provides Domestic Violence counseling

Shelter House

Phone: (850) 863-4777 24 Hr. Line

Sexual Assault Helpline: (850)226-2027

Program Office

16 Ferry Road SE, Fort Walton Beach, FL 32548

Phone: 234-1201

Provides temporary emergency shelter to victim and family .Domestic Violence Counseling, information, referrals, and crisis intervention.

DENTAL CLINICS

Washington County Health Department Dental Clinic (also serves Holmes Co.)

Phone– 638-6240

1334 South Blvd, Chipley FL, 32428

Walton County Health Department Dental Clinic

Phone-892-8686

362 State Hwy 83, Defuniak Springs, FL 32433

Dr. Ben Saunders

Phone– 526-7748

4711 US 90 Marianna , FL 32446

Family Dentistry of Chipley

Phone– 415-1411

1410 A Brickyard Rd. Chipley, FL 32428

Family Dentistry of Bonifay

Phone– 547-9290

110 E North Ave, Bonifay FL 32425

Panhandle Pediatric Dentistry

Panama City Office– 481-1969

3123 West 23rd St, Panama City FL, 32405

Niceville Office– 308-1733

4506 E Hwy 20, Niceville FL 32578

Santa Rosa Beach Office– 512-1755

870 Mack Bayou Road, Santa Rosa Beach, FL 32459

Dr. James Howell

Phone-892-2888

21 W Main Ave, Defuniak Springs Fl 32435

Garcia Medical Clinic

Phone 892-4791

411 E Nelson Ave, Defuniak Springs, Fl 32433

HEALTH DEPARTMENTS

Holmes County

Phone- 547-8500

603 Scenic Circle Dr. , Bonifay Fl 32425

Washington County

Phone- 638-6240

1338 South Blvd, Chipley, FL 32428

Walton County

Phone-892-8015

362 State Hwy 83

Defuniak Springs Fl 32433

Holmes County Sheriff's Dept. Victim Advocate Program

Phone: **850-547-3681**

221 North Oklahoma

Bonifay, FL 32425

Hours: Mon.-Fri. 8:00am – 5:00 pm

Provides personal advocacy, financial assistance, safe haven/shelter for victims and their children, domestic violence relocation assistance, emergency cell phone, emergency financial assistance, and emergency legal advocacy.

14TH Judicial Circuit Victim/Witness Assistance Program

Phone: **850-547-2262** **24 hour hotline: 1-800-446-6735**

P.O. Box 956

Marianna, FL 32447

Hours: Mon – Fri. 8:00am – 5:00 pm on call 24 hrs.

The State Attorney advocates provide assistance to victims with Victims Compensation applications, as well as escort them through the judicial process.

Life Management Center of NW FL

310 E. Byrd Ave, Bonifay FL, 32425

Phone: 547-5114

4094 Lafayette Street, Marianna, FL 32446

Phone: 482-7441

525 E. Fifteenth St., Panama City, FL 32405

Phone: 522-4485

Crisis Line: 850-873-8573 *(for emergencies only)*

www.lifemanagmentcenter.org

Provides behavioral, health and family counseling services.

Chautauqua Healthcare Services

3686 US-331, Defuniak Springs, FL 32435

Phone: 850-892-8045

Crisis Line: 850-892-4357

Hours Mon-Fri. 8am – 5pm

Provides behavioral, health, and family counseling services.

Anchorage Children's Home Washington & Holmes County

Phone 850-763-7102 or 850-415-5146

Emergency Phone: 850-784-1020 or 850-233-8686

2121 Lisenby Ave., Panama City, FL 32405

Provides behavioral, health and family counseling services.

Salvation Army Serves Holmes and Washington Counties

1824 W. 15th St Panama City, FL 32401

Phone: 769-5259

Provides counseling services

Florida Therapy Services

1376 Brickyard Road, Chipley, FL 32428

Phone: 638-9211

Provides, counseling/therapy services/psychiatry

Ascension Medial Group

Phone-278-3400

271 Florida 20 Freeport, FL 32439

Bright Start Pediatric & Adolescent Center

Phone– 329-5513

3590 US Hwy 331 South, Unit 104, Defuniak Springs FL 32435

FAMILY PHYSICIANS

Family Health Care of Chipley

Phone-638-3400

1410 Brickyard Rd, Chipley, FL 32428

Chipley Medical Group

Phone– 638-0552

1376 Brickyard Rd. Suite 2&3, Chipley FL 32428

Bailey Family Practice

Phone– 547-2209

101E Wisconsin Ave., Bonifay FL 32425

Dr. Ahmad Ismail

Phone 547-4799

110E Byrd Ave. Bonifay, FL 32425

Southern Family Health Care

Phone-638-4383

877 3rd Street, Chipley FL 32428

Health Mark Walk-in Clinic

Phone– 951-4556

4415 US Hwy 331 South, Defuniak Springs, FL 32435

Health Service Providers

Dr. Yahia Rahim Pediatric Office

Phone– 872-0021

200 West 19th Street, Panama City FL 32405

Rainbow Pediatrics

Phone– 257-5524

200 Forest Park Circle, Panama City Fl, 32405

Dr. Khaled Pediatrics

Phone– 547-8158

2910 Hospital Dr. Suite B, Bonifay FL 32425

White-Wilson Medical Center

Fort Walton Beach Clinic

Phone-863-8203

1005 Mar Walt Drive, FWB, Fl 32547

Crestview Clinic

Phone– 398-8725

130 E. Redstone Ave, Crestview FL 32539

Niceville Clinic

Phone-729-4641

2001 E. Hwy 20, Niceville, Fl 32578

Dr. Rickey Viator

Phone– 278-3920

179 Mack Bayou Loop, Santa Rosa Beach, Fl 32459

ABC Pediatrics

Phone– 729-3575

1403 Cat-Mar Rd, Niceville, FL 32578

Employment/Education Services**Career Source—Career Counseling**

*Walton County

At Emerald Coast Technical College

761 North 20th St

Defuniak Springs, FL 32433

Phone: 520-5990

*Holmes & Washington Counties

At Florida Panhandle Technical College

757 Hoyt Street Room 108, Chipley, FL 32438

Phone: 850-845-0733

Provides career counseling, job information, computer, phone and fax access for use of job searches.

Public Libraries

*Holmes County

303 J Harvey Etheridge, Bonifay Fl 32425

Phone: 547-3573

*Washington County

1444 Jackson Ave, Chipley, FL

Phone: 638-1314

*Walton County

3 Circle Drive, Defuniak Springs, FL 32433

Phone: 892-3624

Computer access for internet research and job search

Florida Panhandle Technical College

757 Hoyt St., Chipley, FL 32428

Phone: 638-1180 or 1-877-638-9482

Provides technical training in a variety of programs, GED program, job placement

Emerald Coast Technical College

761 N 20th St

Defuniak Springs, FL 32433

Phone: 892-1240 or 892-1241

Provides technical training in a variety of programs

Career Focused Training and Opportunities

PEDIATRIC OFFICES

Marianna Pediatric Associates

Phone- 482-2004

4230 Hospital Dr. Suite 102, Marianna FL 32446

North Florida Pediatrics

Phone- 526-5437

4316 5th Avenue, Marianna, FL 32446

Dr. George Sanchez

Phone- 482-4655

3031 6th St, Marianna FL, 32446

CSMS Pediatrics

Phone: 718-2886

3028 4th Street, Suite A&B, Marianna FL, 32446

Dr. Samir H. Ebeid

Phone- 785-0321

2202 State Ave. #302, Panama City, FL 32405

Future Pediatrics

Phone-767-4777

748 Harrison Ave, Panama City, FL 32401

Dothan Pediatrics

Phone: 334-793-1881

126 Clinic Dr. Dothan AL., 36303

Emerald Coast Pediatrics

Phone- 474-3661

621 W Baldwin Ave, Panama City FL 32405