

Tri-County Community Council, Inc.
Head Start/ Early Head Start

Part: 1302 Program Operations
Subpart: D Health Program Services
Section: 1302.47 Safety Practices
Subject: Administering CPR

Policy:

When you see a motionless person, Head Start/ Early Head Start staff will administer CPR when necessary.

Procedure:

1. Check for responsiveness. If no response:
2. Activate the EMS for help by asking a bystander to call 911.
3. Roll the victim onto their back.
4. Open the airway using the head-tilt/chin lift method.
5. If you suspect a spine injury, do not move the head or neck.
6. Check for breathing. If person is not breathing:
7. Give 2 slow breaths.
8. Check for pulse
9. Continue until the victim starts breathing on his own.
10. If there is no pulse, give CPR
 - a. Position hands on chest.
 - b. Do 30 compressions.
 - c. Give 2 slow breaths.
 - d. Complete 3 more cycles of 5 compressions and 1 breath (takes about 1 minute), then check pulse. If there is a pulse, resume rescue breathing.
11. Continue CPR until:
 - a. Victim revives.
 - b. Trained help arrives and relieves you.
 - c. You are completely exhausted.
12. Complete accident/Incident report.