

**Tri-County Community Council, Inc.**  
**Head Start/Early Head Start**

**Part: 1302 Program Operations**

**Subpart: D- Health Program Services**

**Section: 1302.44 Child Nutrition**

**Subject: Breast-Feeding**

---

**Policy:**

The program will promote breast-feeding. They will provide facilities for parents to breast-feed at the center, and for the storage and handling of breast milk. Resources will be available at the center to educate families and to promote breast-feeding as a positive choice.

**Procedure:**

1. Breast-feeding is to be welcomed and promoted by the Head Start/Early Head Start centers.
  - (a.) Staff will be trained to support breast-feeding families.
  - (b.) Comfortable accommodations will be made available for mothers who wish to breast-feed or express milk at the center during program hours.
  - (c.) Lactation information that promotes breast-feeding will be provided at all Tri-County Head Start/Early Head Start centers. Referrals to WIC, support groups, La Leche League, lactation consultants or counselors will be available, made, and documented, if needed.
2. The program will provide facilities for the proper storage and handling of breast milk.
3. Staff will feed infants on cue, and coordinate feeding times with the mother's normal schedule.
  - (a.) Breast fed babies do not receive food or drink, other than breast milk unless specified.
  - (b.) Parents will be asked to assist the center in making a plan of action in the event that Mother is late, or the supply of breast milk is gone, and their baby is hungry.