

**Tri-County Community Council, Inc.
Head Start/Early Head Start**

Part: 1302 Program Operations
Subpart: D- Health Program Services
Section: 1302.44 Child Nutrition
Subject: Disaster Meal Policy

Policy:

It is the policy of Tri-County Community Council, Inc. Head Start/Early Head Start to provide children with nutritious meals. In the event of an unplanned evacuation or no power situations, centers will provide the following emergency meal(s).

Procedure:

1. These menus are only to be used in the case of a disaster, an evacuation, or a loss of electrical power.
2. If the center needs to prepare a meal using these menus, the USDA meal pattern will still be followed for each meal.
3. The cook will ensure that food items needed for these emergency meals will be on hand at all times. Items will be labeled and stored in a conspicuous location. They will be rotated through on a six-month basis. The cook will also make sure the instructions for preparing all items on the emergency menu and regular menu are included in the storage container.
4. Menu changes will be documented on menus and menu planning worksheets.

Breakfast	
Grains/Breads	Cereal
Fruit/Vegetable	100% Juice or canned fruit (or fresh fruit on the regular menu for that day)
Milk	1% Milk (or reconstituted dry or UHT)
Extra	Whole Grain Toast w/Jelly (at center's discretion)
Lunch	
Meat/Meat Alternate	Peanut Butter and Jelly Sandwiches, made with Whole Grain bread
Vegetable	Canned fruit (or fresh fruit on the regular menu for that day) (or 100% Juice)
Fruit	Mandarin Oranges (or fruit on regular menu for that day)
Grain/Bread	Sliced Whole Wheat Bread or Crackers, whole grain
Milk	1% Milk (or reconstituted dry or UHT)
Snack	
Fruit	Applesauce (or other fresh or canned fruit on hand)(or 100% Juice)
Grain/Bread	Choice of cheese, saltine, Ritz or wheat crackers

5. Infant meals will continue to follow the standard infant meal pattern/menu.