

Tri-County Community Council, Inc.
Head Start/Early Head Start

Part: 1302 Program Operations

Subpart: D- Health Program Services

Section: 1302.44 Child Nutrition

Subject: Parties and Treats

Policy:

It is the policy of Tri-County Community Council, Inc. Head Start/Early Head Start to encourage children that attend this program to develop positive healthy habits by exposing them to fun, yet healthy ways to celebrate.

Procedure:

1. Parents are not permitted to bring any food into the center for consumption by Head Start/Early Head Start children without prior approval of the Nutrition Staff. In no circumstances are parents to bring candy or soda to the center. Parents will be notified of this policy during enrollment.
2. Parents who wish to provide treats to their child's class (for birthdays, etc.) are encouraged to bring non-food treats such as stickers, erasers, or small toys instead of food. Such items must be approved by the Center Director and must not pose a choking hazard or other health/safety issue.
3. Any food treats may not be given to children until after the last USDA meal of the day (usually snack) has been served.
4. All food served in the center must be prepared at the center by Head Start/Early Head Start staff unless approved by the Nutrition Staff. Parents are allowed to volunteer in the kitchen to assist the cook in making items for children with prior approval from the Nutrition Staff.
5. For food safety reasons Tri-County Community Council Head Start/Early Head Start cannot allow homemade foods or any food not in original packaging from a retail store to be served to children.
6. No foods with excessive amounts of sugar and/or fat per serving will be served to children.
7. Parents and staff may contact the Nutrition Staff for healthy party food/treat suggestions.

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8. All foods served during school hours will conform to all Head Start/Early Head Start policies and plans including, but not limited to those dealing with food safety and nutrient content.

9. Appropriate healthy meals or snacks will be provided at all EHS Group Socializations.