

**Tri-County Community Council, Inc.**  
**Head Start/Early Head Start**

**Part:** 1302 Program Operations  
**Subpart:** I-Human Resources Management  
**Section:** 1302.93 Staff Health and Wellness  
**Subject:** Staff Wellness

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**Policy:**

Staff health and wellness is essential to providing quality services to the children and families.

**Procedure:**

1. A dedicated breakroom/area is provided at each center.
2. There are healthy snacks, coffee, and hot chocolate provided but will require a small fee so that items can be replaced when needed.
3. Beginning in January 2022 there will be periodic challenges that staff can participate in. The challenge will be announced in the monthly staff newsletter.
4. As we discover the interest of the staff, we will implement other wellness and health activities if possible.